



Effective April 2019

group fitness studio schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 AM	 Kelly		 Kelly			
9:00 AM	 Shirleen	 Shirleen	 Shirleen	 Shirleen	 Shirleen	 Lisa Fred Amanda
10:00 AM	 Kim		 Kim		 Kim	 Lisa
11:00 AM	 Kim		 Kim		 Kim	 Kelly
12:00 PM	 Shirleen	 Kim	 Shirleen	 Kim		
5:30 PM	 Beth	 Kelly	 Beth	 Kelly		
6:30 PM	 Lisa	 Amanda Fred Lisa	 Lisa	 Amanda Lisa Fred		
7:30 PM		 Lisa		 Lisa		