



Effective Spring 2022

group fitness studio schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	Kelly		Kelly			Betsy *9:00AM*
9:00 AM	Shirleen	Sally	Shirleen	Sally	Shirleen	Fred Amanda/Missy
10:00 AM	Kim		Kim		Kim	Lisa
11:00 AM		Shirleen		Shirleen		
12:00 PM	Kim	Kim	Kim	Kim		
5:30 PM	Beth	Madison	Beth	Madison		
5:45 PM		Patrick		Patrick		
6:30 PM	Lisa	Fred Amanda/Missy	Lisa	Fred Amanda/Missy		
7:30 PM		Lisa		Lisa		

