



Effective Spring 2022

group fitness studio schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	Kelly		Kelly			Betsy *9:00AM*
	Shirleen	Sally	Shirleen	Sally	Shirleen	Fred Amanda/Missy
9:00 AM	Kim		Kim		Kim	Lisa
	Kim	Kim	Kim	Kim		
10:00 AM	Beth	Madison	Beth	Madison		
		Patrick		Patrick		
12:00PM	Lisa	Fred Amanda/Missy	Lisa	Fred Amanda/Missy		
		Lisa		Lisa		
5:30 PM						
5:45 PM						
6:30PM						
7:30 PM						









































































































































































































































































































































































































































































































































